

**July 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All Meals Include: Margarine/Butter, Milk, Coffee, and Condiments (Coffee not included with Meals on Wheels).</p> <p>Menu subject to change without notice.</p>		<p>1</p> <p>Sirloin Tips Egg Noodles Squash 3-Bean Salad Whole Wheat Bread Rhubarb Cake</p>	<p>2</p> <p>Brat on a Bun Steamed Onions Ketchup Potato Salad Baked Beans Angel Food Cake w/Fresh Berries</p> <p><b>Independence Day Celebration &amp; July Birthdays</b></p>	<p>3</p> <p><b>ADRC-CW Closed for Independence Day Holiday</b></p>
<p>6</p> <p>Beef Chop Suey Whole Grain Rice Oriental Blend Veggies Egg Roll Sweet &amp; Sour Sauce Pineapple Cookie</p>	<p>7</p> <p>Herb Baked Fish Tartar Sauce Parsley Buttered Potatoes Pea, Cheese, &amp; Onion Salad Whole Wheat Bread Mandarin Oranges</p>	<p>8</p> <p>Tuscan Bean Soup Egg Salad Sandwich on Marble Rye Romaine Leaf Tomato Slice Mayo Grape Juice Peach Crisp</p>	<p>9</p> <p>Spaghetti w/Meat Sauce Romaine Lettuce Salad Dressing Garlic Breadstick Diced Pears Pineapple Cake</p>	<p>10</p> <p>Roast Turkey Mashed Potatoes Gravy Key West Vegetables Whole Wheat Dinner Roll Raspberry Sherbet Jell-O</p>
<p>13</p> <p>Stuffed Green Pepper Casserole Carrots Whole Wheat Bread Mixed Fruit Spice Cake</p>	<p>14</p> <p>Roast Pork Boiled Potatoes Gravy Steamed Red Cabbage Oat Bran Bread Cinnamon Applesauce</p>	<p>15</p> <p>Chicken Breast Mushroom &amp; Bacon Sauce Mashed Potatoes Country Trio Vegetables Biscuit Honey Bee Ambrosia</p>	<p>16</p> <p>Crab Pasta Salad Romaine Lettuce Tomato Wedges Dinner Roll Peaches Lemon Bar</p>	<p>17</p> <p>Beef Stroganoff Mashed Potatoes Broccoli Salad Whole Wheat Bread Strawberries Angel Food Cake</p>
<p>20</p> <p>Creamy Chicken Vegetable Casserole Broccoli Oat Bran Bread Mixed Fruit Carrot Cake</p>	<p>21</p> <p>Paprika Chicken Baked Sweet Potato Peas Raisin Bread Vanilla Yogurt &amp; Berries</p>	<p>22</p> <p>Hot Dog on a Bun Ketchup &amp; Mustard Baked Beans Potato Salad Mandarin Oranges Cookie</p> <p><b>National Hot Dog Day &amp; Baseball Party</b></p>	<p>23</p> <p>Roast Beef Gravy Mashed Potatoes Brussels Sprouts Whole Wheat Bread Pumpkin Bar</p>	<p>24</p> <p>Boneless BBQ Pork Rib Scalloped Potatoes Whole Kernel Corn Whole Wheat Dinner Roll Grapes</p>
<p>27</p> <p>Sloppy Joe on a Bun Roasted Potatoes Baked Beans Grape Salad</p>	<p>28</p> <p>Hamburger on a Bun Grilled Onions Ketchup Tomato &amp; Cuke Salad Calico Beans Strawberry Pretzel Jell-O Dessert</p> <p><b>Summer Picnic</b></p>	<p>29</p> <p>Strawberry &amp; Spinach Salad w/Diced Chicken Black Beans Poppyseed dressing Mandarin Oranges Dinner Roll Cookie</p>	<p>30</p> <p>Ham &amp; Scalloped Potato Casserole Pacific Blend Veggies Whole Wheat Roll Banana Cream Pie Bar</p>	<p>31</p> <p>Seasoned Baked Fish Baby Red Potatoes Peas Rye Bread Creamy Fruit Salad</p>