



Tomahawk Elementary School Breakfast Menu

September 2020

Fresh fruit and vegetable served with all breakfasts



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8 Banana Chocolate Loaf Strawberry Yogurt Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	9 Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	10 Brekkie Choice of Cereal Graham Crackers Vegetable Selection Orange Juice 1% Milk	11 Mini Donut Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
14 Blueberry Muffin Strawberry Yogurt Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	15 Banana Chocolate Loaf Hard Boiled Egg Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	16 Mini Donut Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	17 Strawberry Cream Cheese Filled Bagel Choice of Cereal Graham Crackers Vegetable Selection Orange Juice 1% Milk	18 Brekkie Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
21 Mini Pancakes Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	22 Mini-Cinnis Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	23 Pancake on a Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	24 Long John Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	25 Banana Chocolate Loaf Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk
28 Mini Pancakes Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	29 Mini Donut Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	30 Banana Choc Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit 1% Milk	<p>Choose MyPlate.gov</p>	

INFORMATION

Regular	\$1.55
Reduced	0.00
Adult	\$1.95
Milk Break	\$0.40

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Tessmerd@tomahawk.k12.wi.us or call 715-453-2106 ext. 310

HARVEST OF



THE MONTH

Your MENUS plus more information on our app **TaHer Food4Life®**



www.taHer.com