





# Tomahawk Elementary School Breakfast Menu

January 2020

Fresh fruit and vegetable bar served with all Breakfasts on our Fruit And Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>ChooseMyPlate.gov</p>		<p><b>1</b> Happy New Year!!</p> <p>No School</p>	<p><b>2</b></p> <p>Brekkie</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>3</b></p> <p>Mini French Toast Syrup</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>6</b></p> <p>Mini Pancakes</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p><b>7</b> Coloring Contest</p> <p>Mini Donut Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>8</b></p> <p>Apple Cinnamon Muffin</p> <p>Mini Pancake and Sausage Bites</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>9</b></p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>10</b></p> <p>Banana Chocolate Loaf Hard Boiled Egg</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>13</b></p> <p>Chocolate Muffin, Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Canned Fruit Vegetable Selection 1% Milk</p>	<p><b>14</b> Sticker Day</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>15</b></p> <p>Chocolate Filled Crescent</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>16</b></p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>17</b></p> <p>Mini Donut Strawberry Banana Yogurt</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>20</b></p> <p>No School</p>	<p><b>21</b> Coloring Contest</p> <p>Banana Chocolate Loaf Hard Boiled Egg</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>22</b></p> <p>Mini Donut Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>23</b></p> <p>Chocolate Filled Crescent Roll</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p><b>24</b></p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p><b>27</b> Sticker Day</p> <p>Brekkie</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p><b>28</b></p> <p>Mini Donut Hard Boiled Egg</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p><b>29</b></p> <p>Cinnamon Roll</p> <p>Mini Pancake and Sausage Bites</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit</p>	<p><b>30</b></p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p><b>31</b></p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>

INFORMATION

Regular	\$1.55
Reduced	\$0.00
Adult	\$1.95
Milk Break	\$0.40

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with all Breakfasts. For  
questions or comments contact the Food  
Service Director at:  
Tessmerd@tomahawk.k12.wi.us  
or call 715-453-2106 ext. 310

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
Taher Food4Life®



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