





# Tomahawk MS/HS Breakfast Menu

December  
2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Breakfast Pizza  Make Your Own Yogurt Parfaits Cherry Vanilla Yogurt  Vegetable Selection Fresh Fruit 1% Milk	<b>3</b> French Toast Sticks Cheese Omelet  Brekkie Strawberry Banana Yogurt  Vegetable Selection Fresh Fruit 1% Milk	<b>4</b> Bacon, Egg & Cheese on English Muffin  Grape Uncrustable  Vegetable Selection Fresh Fruit 1% Milk	<b>5</b> Cinnamon Roll  Choice of Cereal Graham Crackers  Vegetable Selection Apple Juice 1% Milk	<b>6</b> Long John  Choice of Cereal Graham Crackers  Vegetable Selection Fresh Fruit 1% Milk
<b>9</b> Breakfast Pizza  Strawberry Cream Cheese Filled Bagel  Vegetable Selection Canned Fruit 1% Milk	<b>10</b> Banana Chocolate Loaf Cheese Stick  Apple Bosco Stick  Vegetable Selection Apple Juice 1% Milk	<b>11</b> Ham, Egg & Cheese on English Muffin  Choice of Cereal Graham Crackers  Vegetable Selection Fresh Fruit 1% Milk	<b>12</b> Homemade Blueberry Muffin Hard Boiled Egg  Choice of Cereal Graham Crackers  Vegetable Selection Orange Juice 1% Milk	<b>13</b> Oatmeal Bar with Fresh Fruit  Long John  Vegetable Selection Fresh Fruit 1% Milk
<b>16</b> Breakfast Pizza  Make Your Own Yogurt Parfaits  Vegetable Selection Fresh Fruit 1% Milk	<b>17</b> Cinnamon Roll  Oatmeal Bar with Fresh Fruit  Vegetable Selection Orange Juice 1% Milk	<b>18</b> Bacon Egg and Cheese Muffin  Choice of Cereal Graham Crackers  Vegetable Selection Fresh Fruit 1% Milk	<b>19</b> Very Berry Yogurt Pizza  Banana Chocolate Loaf Hard Boiled Egg  Vegetable Selection Apple Juice 1% Milk	<b>20</b> Long John  Choice of Cereal Graham Crackers  Vegetable Selection Fresh Fruit 1% Milk
<b>23</b> No School	<b>24</b> No School	<b>25</b> No School	<b>26</b> No School	<b>27</b> No School
<b>30</b> No School	<b>31</b> No School			 Choose <b>MyPlate.gov</b>

## INFORMATION

Regular	\$1.55
Reduced	Free
Adult	\$1.95

## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
 Skim is included with all Lunch. For questions  
 or comments contact the Food Service Director  
 at: Tessmerd@tomahawk.k12.wi.us  
 or call 715-453-2106 ext. 310

## HARVEST OF



## THE MONTH

Your **MENUS** plus more  
 information on our app  
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