



Tomahawk MS/HS Breakfast Menu

January
2021

All Breakfasts are FREE!!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				1
4 Long John French Toast Sticks Cheese Omelet Vegetable Selection Canned Fruit 1% Milk	5 Long John French Toast Sticks Cheese Omelet Vegetable Selection Apple Juice 1% Milk	6 Ham, Egg & Cheese on English Muffin Tri Tater Cinnamon Roll Vegetable Selection Fresh Fruit 1% Milk	7 Ham, Egg & Cheese on English Muffin Tri Tater Cinnamon Roll Vegetable Selection Orange Juice 1% Milk	8
11 Cinnamon Roll Banana Chocolate Loaf Cheese Stick Vegetable Selection Canned Fruit 1% Milk	12 Cinnamon Roll Banana Chocolate Loaf Cheese Stick Vegetable Selection Orange Juice 1% Milk	13 Bacon Egg and Cheese Muffin Tri Tater Brekkie Vegetable Selection Fresh Fruit 1% Milk	14 Bacon Egg and Cheese Muffin Tri Tater Brekkie Vegetable Selection Apple Juice 1% Milk	15
18 Breakfast Pizza Chocolate Chip Breakfast Loaf Vegetable Selection Fresh Fruit 1% Milk	19 Breakfast Pizza Chocolate Chip Breakfast Loaf Vegetable Selection Fresh Fruit 1% Milk	20 Bacon, Egg & Cheese on Bagel Grape Uncrustable Vegetable Selection Fresh Fruit 1% Milk	21 Bacon, Egg & Cheese on Bagel Grape Uncrustable Vegetable Selection Apple Juice 1% Milk	22
25 Long John Choice of Cereal Graham Crackers Vegetable Selection Canned Fruit 1% Milk	26 Long John Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	27 Sausage, Egg & Cheese Muffin Cinnamon Roll Vegetable Selection Fresh Fruit 1% Milk	28 Sausage, Egg & Cheese Muffin Cinnamon Roll Vegetable Selection Orange Juice 1% Milk	29

PRICES

Adult \$1.95

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Tessmerd@tomahawk.k12.wi.us or call 715-453-2106 ext. 310

HARVEST OF THE MONTH

Your MENUS plus more information on our app
TaHer Food4Life®



www.taHer.com