



Tomahawk MS/HS Breakfast Menu

May
2021

All Breakfast are Free.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Sausage Breakfast Pizza</p> <p>Brekkie Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p>4</p> <p>Waffle Sticks Sausage Patty</p> <p>Banana Chocolate Loaf Hard Boiled Egg</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>5</p> <p>Ham, Egg & Cheese on English Muffin</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>6</p> <p>Cinnamon Roll Cheese Omelet</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>7</p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>10</p> <p>Grape Uncrustable Strawberry Go-Gurt</p> <p>Breakfast Pizza</p> <p>Vegetable Selection 1% Milk Canned Fruit</p>	<p>11</p> <p>Bacon, Egg & Cheese Bagel Tri Tater</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>12</p> <p>Waffle Sticks Cheese Omelet</p> <p>Banana Chocolate Loaf Strawberry Go-Gurt</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>13</p> <p>Ham n' Egg-wich</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>14</p> <p>Long John</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>17</p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>18</p> <p>Long John</p> <p>Cream Cheese Stuffed Bagel</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>19</p> <p>Bacon Egg and Cheese Muffin</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>20</p> <p>Potato Volcano English Muffin</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>21</p> <p>Breakfast Banana Split Yogurt Parfait</p> <p>Apple Frudel Cheese Stick</p> <p>Vegetable Selection Apple Juice 1% Milk</p>
<p>24</p> <p>Sausage Breakfast Pizza</p> <p>Brekkie Graham Crackers</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p>25</p> <p>Pancakes Cheese Omelet</p> <p>Banana Chocolate Loaf Hard Boiled Egg</p> <p>Vegetable Selection Apple Juice 1% Milk</p>	<p>26</p> <p>Ham, Egg & Cheese on English Muffin</p> <p>Choice of Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>	<p>27</p> <p>Cinnamon Roll Cheese Omelet</p> <p>Choice of Cereal Strawberry Go-Gurt</p> <p>Vegetable Selection Orange Juice 1% Milk</p>	<p>28</p> <p>Long John</p> <p>Choice of Cereal Strawberry Go-Gurt</p> <p>Vegetable Selection Fresh Fruit 1% Milk</p>
<p>31</p>				<p>Choose MyPlate.gov</p>

PRICES

Regular	\$1.55
Reduced	Free
Adult	\$1.95

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with all Lunch. For questions or comments contact the Food Service Director at: Tessmerd@tomahawk.k12.wi.us or call 715-453-2106 ext. 310

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app **Taher Food4Life®**



www.taher.com